

To our Community Gym users,

In light of the escalating situation with Covid-19 we have decided to limit the use of the gym to just inpatients and those patients having treatment with a therapist for the time being. As you are likely aware, the health and wellbeing of all of our patients is a priority. We need to consider how we can limit risk of exposure to our in-patients and those whom work with them daily. **To limit the risk of exposure our gym will be closed to the community from 4 pm Friday 20th March until further notice.**

Outpatient appointments (where you have an appointment to see a doctor, nurse or therapist) will still go ahead at this time but, we ask that you come *on time* to avoid prolonged periods sitting in our waiting rooms.

Please refer to the MOH website for the latest information about Covid-19:

<https://www.health.govt.nz/our-work/diseases-and-conditions/covid-19-novel-coronavirus>

For information specific to our SCI community please see the resources available on the NZ Spinal Trust website which has been developed in collaboration between Burwood and ASRU:

<https://nzspinaltrust.org.nz/covid-19/>

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