

CAN I BE A HOSPITAL VOLUNTEER?

A volunteer is someone who gives time to help others.

As a Volunteer you will receive training, support and supervision

We need people, all kinds of people with time or skills or a smile to share.

Exchange a little time for a lot of satisfaction.



FOR MORE INFORMATION , PLEASE CONTACT:

Volunteer Coordinator

Phone 383 9499

Burwood Hospital

255 Mairehau Road

Private Bag 4708

Christchurch 8140

Email: burwoodvolunteers@gmail.com

www.nzspinaltrust.org.nz

www.cdhb.health.nz/Patients-Visitors/volunteers



Canterbury

District Health Board

Te Poari Hauora o Waitaha



WHY VOLUNTEER?

- Learn new skills
- Meet new people
- Build your resume
- Make a difference
- Try something new
- Be part of a team
- Challenge yourself

The list goes on...

“*I get immense pleasure from my work at Burwood and I'm happy to fill in when needed. The volunteers have regular get-togethers, and it's good to meet the others and get to know them,” Jan Austin. Mobile Shop volunteer, Burwood Hospital.*”



WHAT MIGHT YOU BE DOING AT BURWOOD HOSPITAL?

- Serving in the volunteer shop
- Helping in the hospital gardens
- Helping people find their way around
- Hydrotherapy pool assistance
- Helping with recreation activities
- Assisting with music therapy
- Assisting in the library

WHAT WOULD YOU BE ASKED TO GIVE?

Time - as little as two hours per week unpaid

Enthusiasm and interest

Commitment - once you've decided to help, we have to rely on you like other staff

